

NEWSLETTER

Chapter: Central Jersey

Thank you Cards and Bracelets

Continuing the holiday spirit and cheer our leads across Central Jersey Chapter made cards and bracelets. Our Leads displayed passion and creativity in making these cards and bracelets adding a smile on the faces of the recipients.

Cherry Hill leads made about 80 bracelets, and 78 cards, which were donated to numerous places. *Hospital Central Services Inc. (HSCS)* was one of the places where the cards and bracelets were donated. The doctors and nurses and HSCS were extremely happy to receive our gratitude for the hard work they put in combating the COVID-19 pandemic.



Chesterfield leads used their creativity, time and efforts into making cards and bracelets for senior citizens, children in foster homes, frontline workers and many others. 39 Chesterfield LEADS came together to make over 415 cards and 475 bracelets. The cards were given to the Lawrenceville Township Senior Center. And the bracelets were given to an organization Children's Home Society in Trenton which supports over 1500 kids through their various programs like kids in foster homes, "Early Start" for kids from age 1-5 years old, etc. It was very satisfying to put smiles on everyone's faces (young & old) one card and one bracelet at a time!



JANUARY 2021

Chapter Highlights

- Sewa Meals
- Food Donations
- Clothing Drive
- Book Donations
- Behavior Change on Water Pollution Project

Center Highlights

- Thank you Cards & Bracelets
- Pravasi Bhartiya Diwas
- Surya Namskar Marathon

Volunteer(s) Spotlight



Kishore Palle

Kishore Ji actively contributes towards giving back to the community. He helped the startup of Cherry Hill Sewa Center in March 2020. With his guidance the Cherry Hill Sewa team has grown and has begun initiating new projects. He is also engaged in volunteering activities through his work at TD Bank, serving 100+ hours every year. He has been an active member of organizations like March of Dimes, Autism Speaks, Tree Philly Events, Eco Fair, and Habitat for Humanity for many years. Kishore Ji also guides students of his village Thatipadu, India in choosing a career path that would fit their interests and aptitude. Pranav, Kishore ji son is also an active lead in Sewa Central Jersey chapter.

Edison leads donated 260 bracelets to Catholic Charities in Cranford & Metuchen who were appreciative of the initiative made by our leads. Sewa leads also donated 50 bracelets to the RWJ Steeplechase cancer hospital and 50 bracelets to Children Org,. Additionally, Thank You cards were handed to Middlesex Borough Police Department and Avenel Fire Department to thank them for their services.



Monroe leads made about 233 bracelets and 262 birthday cards. The birthday cards were delivered to West Windsor Senior Center. The bracelets were delivered to the Children's Home Society in Trenton and bracelets will be given to an organization called Oasis-A Haven for Women & Children. The leads in Monroe have enjoyed immensely showing off their creativity while putting a smile on peoples' faces.





Somerset leads Somerset leads put their heart into making beautiful bracelets and handmade Birthday cards. These bracelets & cards were given to kids through Children's Home Society of NJ in Trenton.



Pravasi Bhartiya Diwas

Consular General of India New York honored Sewa International at CGI office on "Pravasi Bhartiya Diwas". This is in recognition of Sewa's selfless services to the community, and partnership with CGI, India Mission. Rashmitha Shanbhag ji, Rajesh Sharma ji and Mani Venkat ji represented Sewa in person and collected the certificate of recognition and memento.









Surya Namaskar Marathon

Almost all the leads and lead parents across Central Jersey chapter have taken part in the 24 hour Surya namaskar Marathon on Jan 30th organized by Health for Humanity, Hindu Swayamsevak Sangh, USA. It was an amazing experience and our leads have practiced for 30 mins every day for 7 days prior to the marathon. Our Chesterfield center coordinator Sandesh ji has set a record of performed 51 sets (51 x 13 (in a set) x 10 poses) during the marathon.

Sewa Meals

As part of Sewa's bi-monthly food drive 10 of our Edison Leads put together a healthy meal consisting of mac and cheese, bean soup, salad, and rice vermicelli for those in need @ Ozanam Homeless Shelter. The meals prepared by our leads, served 50 individuals at the shelter. Ozanam shelter was glad to see the efforts our leads were put in preparing the meals to feed those in need.



Somerset Leads prepared food at home and brought it to the United Methodist Church in New Brunswick, where they distributed it to the homeless and those in need. Our leads showed off their culinary skills and made mac and cheese, brownies, paninis, Schezwan poha, brownies, and panini/burritos.

We are thankful for a supportive community around us, who chose to celebrate their special days (birthdays / Anniversaries) with us and share love through food for the homeless.









Food Donations

Chesterfield sewa volunteers have gathered and collected many food items that have been donated. They have delivered these food donations to Rise Pantry, Hightstown in two batches. Sewa Chesterfield Thanks Ram & Divya for their donations.

Batch 1 donation: 150 lbs of Potatoes; Batch 2 donation: 3 cases of eggplants & 50+ boxes of instant flattened rice individual boxes.



Somerset leads collected about 65 pounds of various foods and ready-to-eat items for donation and donated them to the Franklin Food Bank.





Clothing Drive

15 Chesterfield Sewa LEAD volunteers picked up 125+ bags of used clothing from 45+ households & dropped them off at "Chesterfield Township's new Clothing and Textile Recycling center". This was an effort from Sewa Volunteers to spread awareness on the new Clothing and Textile recycling center in town & encourage our residents to use this service and save the environment. Go Green!



Book Donations

Somerset Sewa Leads collected around 500 books and donated to kids in foster homes & underprivileged kids via Children's Home Society in Trenton. CHS of NJ will be distributing these books to the kids who are part of their various programs including their "Early Start" which is dedicated for kids age from 1-5 years old.



Behavioral Change to reduce Water Pollution Project

Monroe LEADs Aniketh Byram, Mahathi Chitti, Rohan Sharma and Sanika Bane participated in a competition where they pitched their idea on reducing, water pollution with a behavioral change in our society. This is the 1st of a kind, where Monroe LEADS have participated in an open competition. The LEADs put in quality hours in researching and gathering facts that can support their proposed solution. Their solution was to create a composting system to collect organic material such as leaves, lawn trimmings, and kitchen scraps from households and businesses. These materials thus composted would be supplied to farmers and gardens across the nation. Their plan leveraged social media as a platform to spread awareness and increase participation in their composting program.

Feedback(s) Newsletter Team Aarya Radhan Aniketh Byram Anjali Menon Ankith Keshireddy Anmol Dhingra Pranav Palle Ramya Lakshmi Rijul Verma Shriya Simha Sid Ravi Tanya Sriram **Communication Channels Upcoming Events** Please visit our chapter Website and follow-on Twitter, Facebook & Instagram Diaper Drive SAT Math Study Groups ❖ Boat Building Web: https://Sewausa.org/central-jersey-❖ Food for Homeless chapter Twitter: @JerseySewa Adopt-A-Highway Cleanup FB: @JerseySewa or Sewa Central Jersey Instagram: centraljerseysewa Email: CentralJersey.Sewa@gmail.com Helpline: 702. 900.SEWA