



Sewa International
 receives award in
 recognition of
 community service
 during COVID-19
 organiser.org

Sewa Cleveland 2020 Activities Report



Sewa Cleveland Chapter

Advisory Board

- Mr. Rogerio Branco, SVP, Supply Chain, Eaton Corp
- Dr. Rupesh Raina, MD, Akron Nephrology Associates Inc.
- Mr. Fareed Siddiq, SVP, Wealth Management, Morgan Stanley
- Dr. Sree Sreenath, Director, Complex System Biology Center, CWRU
- Mr. Todd Teter, VP/GM, Moen Wholesale



Cleveland Chapter

Executive Team

- Viji Vijay President
- Hira Fotedar, PhD, Past President
- Padma Jambunath, Director, Finance & ASPIRE Euclid School
- Dr. Desi Vijay, Director ASPIRE Program
- Anil Singh, Director, Community Outreach
- Sunil Narahari, Director, Administration
- Adi Tadepally
- Dr. Reema Gulati
- Dr. Sankalp Kota



Sewa Temple Cooking – January 26, 2020

Sewa Cleveland organized a Temple cooking drive in January at our local Shiva-Vishnu Temple. Volunteers locally prepared and served lunch for over 300 temple patrons and donated the proceeds to the temple. It was a very successful and well-appreciated event.



COVID-19 Relief Efforts



Non-medical Helpline : Along with Sewa National team we established One exclusive helpline for Cleveland which handled about 12 calls per week

Food & Groceries: Helped 6 local families who lost their job due to COVID, to buy groceries for 3 months

Senior Citizens: Helped 12 senior citizens with delivering groceries during the local COVID surge

International Students: Helped 14 local international students with shelter, food, help with immigration and answering travel related queries

Case Management: Provided Case Management for 2 individuals and families requiring long term assistance

Webinars: Collaborated with National to conduct periodic webinars conducted by physicians, therapists, immigration attorneys and other professionals – **More than 35 webinars and over 75K viewers**

Family Services: Helped 2 Needy Homeless students of Indian Origin with their rent



COVID-19 Relief Efforts

PPE Distribution



Sewa distributed over 1100 N95 masks, 1000 KN95 masks, 20,000 Surgical masks, 500 face shields, 1600 gloves, 500 gowns, 60 hand sanitizer bottles and 7 infra-red thermometers.

Sewa Cleveland distributed these PPEs to local doctors, Clinics and nursing homes with the help of AIPNO, local businesses, homeless shelters, temples, fire and Police stations, Rotary Club, restaurants & grocery stores

The value of all these PPEs estimated to be over \$25,000



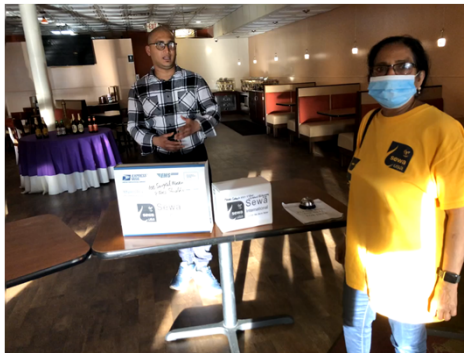
Nursing Homes
Local Doctors
Clinics

PPE Distribution

Police and Fire Stations



Restaurants



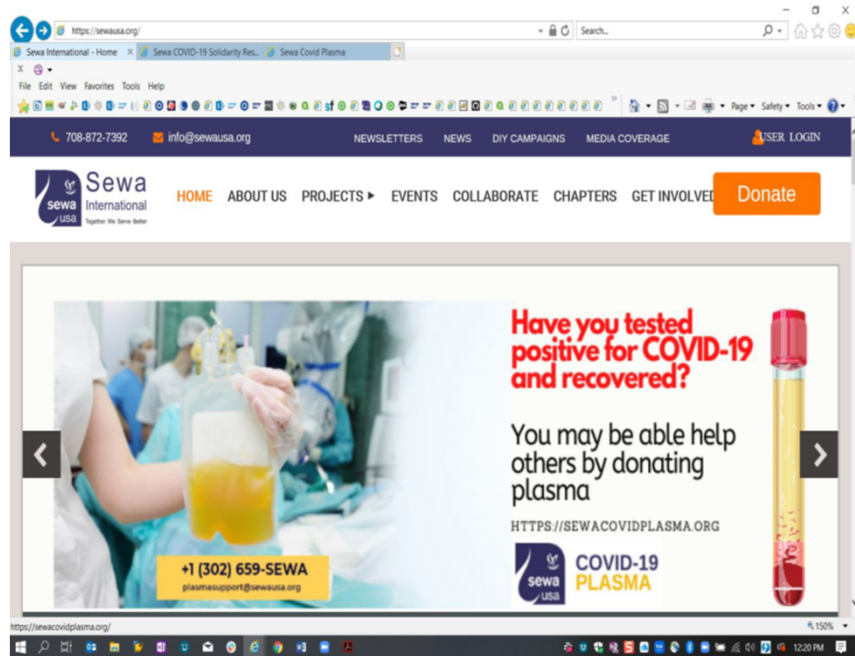
PPE Distribution Temples



Rotary Club, Bhutanese Refugees, Grocery Stores



COVID Plasma Registry – March to May



<https://www.news5cleveland.com/news/continuing-coverage/coronavirus/local-coronavirus-news/nonprofit-group-sewa-international-launches-covid-19-plasma-registry>

Sewa launched a 24/7 COVID-19 Blood Plasma Registry with Cleveland chapter collaborating with AIPNO (Association of Indian Physicians of Northeast Ohio).

The Sewa Plasma Registry (www.sewacovidplasma.org) was the first 24/7 service that offers a national registry for both donors and recipients with live phone and social media support. It is a mobile enabled fully functional, self-registry service that offers both pre-screening and donor-patient matching services.

These services adhere to HIPPA medical data protection laws, and protects the privacy and confidentiality of the registered users (donors and recipients). Cleveland chapter actively participated in phone bank and registering potential donors and recipients for over 3 months.

Our efforts resulted in Registering over **100 Donors**, over **40 Recipients**, **6 Plasma Donations** and **3 Patients Recovered**. The local ABC TV Channel 5 recognized our effort by featuring a story for the local viewers.

3D Face Shields for Frontline workers –Youth Engagement Program



- To help the local frontline workers, Sewa Cleveland initiated a six-week youth engagement program using 3D printers to make face shields with 3 high school kids with a Sewa volunteer as a mentor.
- The students created more than 500 face shields and distributed to local nursing homes, assisted living, doctors and businesses. The local ABC TV Channel 5 recognized our effort by the youth by featuring a story for the local viewers.

<https://www.news5cleveland.com/news/continuing-coverage/coronavirus/local-coronavirus-news/local-teenagers-3d-printing-hundreds-of-face-shields-for-frontline-workers>



Menorah Park Nursing Home Beachwood



Antonio's Pizza, Solon, Ohio



Subway, Solon, Ohio

Music event with Kailash Kher – May 16, 2020



- In order to show our appreciation to the hard-working frontline medical personnel, Sewa Cleveland in collaboration with AIPNO and National team organized a virtual concert program by world-renowned singer, lyricist, and music composer Padma Shri Kailash Kher.
- This concert, “Music is the Medicine of the Mind”, brought-in several thousand viewers all over the world and was a monumental success in de-stressing healthcare workers.



International Yoga Day – June 20, 2020

- Sewa Cleveland Collaborated with University Hospitals Avon Health Center and organized the 6th Annual Virtual Summer Sun Salutations yoga.
- More than 120 people attended the event through Facebook Live.
- Special thanks to yoga teachers Renee Barret and Stacy Teter for another successful yoga event.



The flyer is for the International Day of Yoga event. At the top left is the Sewa USA Cleveland Chapter logo. To its right, it says 'In Collaboration with' followed by the University Hospitals Avon Health Center Fitness logo. Below this, it states 'Hosts a free VIRTUAL event The Sixth Annual Summer Solstice Yoga'. The central graphic is the International Day of Yoga logo, which features a stylized blue figure with arms raised, holding a globe, with the text 'International Day of Yoga' in a circular arc above it. Below the graphic, it says 'Yoga for Harmony & Peace Saturday, June 20, 2020 9:00 am to 11:00 am'. Further down, it encourages participants to 'Experience from the comfort of your home' and provides a link to register for the 'Sewa IYD 2020 Zoom Event'. It also notes that the event is open to all and provides contact information for pre-registration. At the bottom, there is a disclaimer about liability and the importance of consulting a healthcare professional.

sewa usa
Cleveland Chapter

In Collaboration with **University Hospitals Avon Health Center Fitness**

Hosts a free VIRTUAL event
The Sixth Annual Summer Solstice Yoga

International Day of Yoga
Yoga for Harmony & Peace
Saturday, June 20, 2020
9:00 am to 11:00 am

Experience from the comfort of your home
Please use the following link to register and join the Webinar
Sewa IYD 2020 Zoom Event
After registering, you will receive an email with link to join the event
This event is open to All - Please share with your contacts

Pre-Register online at: www.sewauusa.org/cleveland_IYD Contact: Cleveland@sewauusa.org
Viji: 440-610-5719; Anil: 440-463-6598; Hira: 440-281-2921

Disclaimer: You are responsible for exercising within your limits and assume all risk of injury to your person or property, to the extent permitted by law, University Hospitals Fitness Center at University Hospitals Avon Health Center and their affiliates disclaim all liability in connection with the use of this platform. Always, consult your physician before beginning any exercise program. Consult with your healthcare professional to design an appropriate exercise prescription. If you experience any pain or difficulty with these exercises, stop and consult your healthcare provider

Sponsor Food for Homeless Shelters

Sewa Cleveland along with AIPNO has been sponsoring food for a number of local homeless shelters for the past several months.

The volunteers have visited several shelters to meet with the administrators and residents, To distribute food and PPEs for their use.

Sewa also distributed 150 pairs of new sneakers with the help of TANA



Laura Homeless Shelter



Front Steps Shelter



Norma Herr



Norma Herr Shoes Donation



Catholic Charity



Zelma Homeless Shelter



Family Promise Shelter



St.Herman's shelter

ASPIRE

(Achieving Student Progress, Instilling Resilience and Excellence)



Cleveland Chapter

- Sewa started the ASPIRE program in Cleveland, OH with the help of generous donors and the l Way of Cleveland in 2016.
- So far Sewa has tutored around 200 students for inner city students (Euclid High School and Garfield Heights High School)
- Conduct classes for high school students in English, Math and science
- Helping students develop and improve their academic and social skills
- This year we tutored 40 Students from South Euclid School and 30 students from Garfield High School.
- <https://www.youtube.com/watch?feature=youtu.be&v=Jwq0kd9N5WQ&app=desktop>



ASPIRE

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Cleveland Chapter

Teacher Testimonial

A letter from Jeff Rotsky
Euclid High School

“Just grading some quizzes Davian S got 50/50!!! I have had Davian for 2 years now (different courses) and I am so proud of him because it is by FAR his highest test score. Davian has always struggled in Math but he is showing that if you just put in little work day by day the results come on their own :) Just thought I would share some classroom success with you. Again for making sure these students don't forget the “student” part of being a student athlete”

Students that got scholarship
from Euclid after improving
their GPA

- Reese Worship
- Jaylen Jacobs
- Ashawn Berry
- Omari Howard
- Drevon Lindsay
- Christopher Parker
- Vincent Jackson
- Darrius Johnson
- Raylan McGuire
- Deandre Williams
- Jalen Jackson
- Brandon Wright
- Octavious Hardy

Collaborators



Cleveland Chapter

AIPNO - Association of Indian Physicians of Northern Ohio	FICA - Federation of India Community Associations
TANA - Telugu Association of North America_	SAGA
Project Seva	Helping Hands
HAF – Hindu American Foundation	HSS – Hindu Swayamsevak Sangh
IndiafestUSA	Community Relations Board, City of Cleveland
Rotary Club of Bay Village ,Westlake and Cuyahoga Falls	Jewish Family Services
Grief Counseling Center; Mission 4 Maureen; Center for Integrated Therapies	Mental Health: The Gathering Place
International Institute of Akron; Catholic Family Services	Northeast Ohio Translators Association