



NEWSLETTER

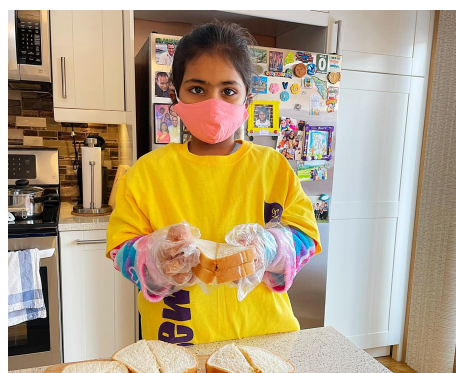
Sewa International- New Jersey & New York

Westchester: Food Drive

February 20, 2021

Sewa Westchester held its second food drive of the new year. Six families and 20 volunteers contributed to this drive. Overall, 60 peanut-butter and jelly sandwiches along with a crate of water bottles and assorted cleaning supplies were donated to the Open Arms Shelter in White Plains, New York.

With the ongoing COVID-19 pandemic, volunteers took safety and hygiene precautions while making sandwiches: each participant wore masks and gloves while preparing and packaging the food.



North Jersey: Food Pantry & Soup Kitchen Donation

The North Jersey Chapter collected more than 1,907 pounds of non-perishable food items throughout the month of February. The donations were dropped off at the following locations: The Interfaith Food Pantry in Morris Plains, the Montville Kiwanis Food Pantry, The Center for Food Action, and the Parsippany Community Food Pantry.

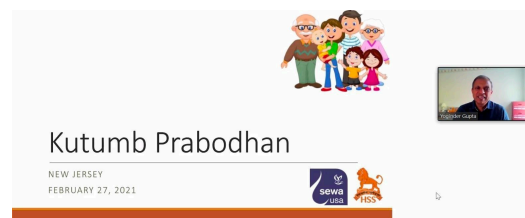


North Jersey: LEAD 2021 Inauguration February 7, 2021

The LEAD 2021 Inauguration was a success. This year 108 participants were selected into the program. We are looking forward to another enriching and valuable year of service!

North Jersey: Kutumbh Prabodhan Workshop February 27, 2021

The Kutumbh Prabodhan Workshop which was conducted by Sri. Yogendra Ji on Zoom was a success. It was attended by 34 people. Participants learnt several easy and practical ways to raise a Happy Family!



North Jersey: Mask Donation

Sewa North Jersey donated 134 pounds of food and 100 FEMA masks to the Center for Food Action in Englewood, NJ. CFA is a local food pantry serving 50-200 families each day. They appreciated Sewa's donation.



North Jersey: February Baithak

February 26, 2021

The Sewa North Jersey chapter held the February monthly baithak over zoom . The meeting was attended by 10 volunteers. Volunteers provided an update for each of the tracks including - Grants, GI, LEAD, Aspire etc.

Volunteer Spotlight: Rohit Ji Sharma

Rohit Ji Sharma has known Sewa's North Jersey chapter for 3 years now. His title has changed from a parent of a LEAD in year 1, to Soup Kitchen Coordinator in year 2, and now LEAD Coordinator in year 3. He has experienced first hand, that no matter how big or small of a time commitment or contribution you make as a volunteer, it goes a long way for the person/community at the receiving end. Rohit Ji would encourage all who are associated with Sewa, especially if you have a child enrolled in the LEAD-2021 to get involved and be a role model of selfless help for them.



Program Spotlight: SHE Program

Sewa International's Toilet and Hygiene Project for the Girl Child was conceived to provide sanitation facilities to girls who belong to the vulnerable section of Indian society so that they can overcome social and cultural norms of the till now accepted practice of open defecation outside of the home.

The SHE Program has made a difference in hundreds of girl's lives. To donate or learn more about the SHE Program visit: <https://she.sewausea.org>



Upcoming Events:

North Jersey:

1. Kutumbh Prabodhan Workshop (March 13, 2021)
2. Helpline for Covid vaccine registration coming soon

Visit our Chapter Website, Facebook, and Instagram Pages:

<https://sewausa.org/Chapter/NewJersey>

<https://www.facebook.com/SEWANorthNJ>

<https://www.instagram.com/sewanorthjersey>

<https://www.instagram.com/centraljerseysewa>

<https://www.facebook.com/centraljerseysewa>

Join the North Jersey Volunteers WhatsApp Group:

<https://chat.whatsapp.com/oqAhEyU3v99DGfe51V9Pf>

Sewa urges everyone to practice social distancing, follow CDC guidelines and remain safe.

Helpful Links:

<https://www.cdc.gov/> - Official site to get updates on COVID-19

<https://nj.gov/> - New Jersey State update on COVID-19

<https://www.ny.gov/> - New York State update on COVID-19

Quotation: “I cannot do all the good that the world needs. But the world needs all the good that I can do. ”

- Jana Stanfield

Om Sarve Bhavantu Sukhinah