

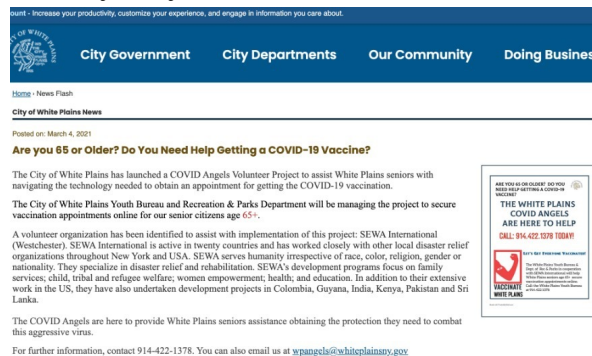


# NEWSLETTER

## Sewa International- New Jersey & New York

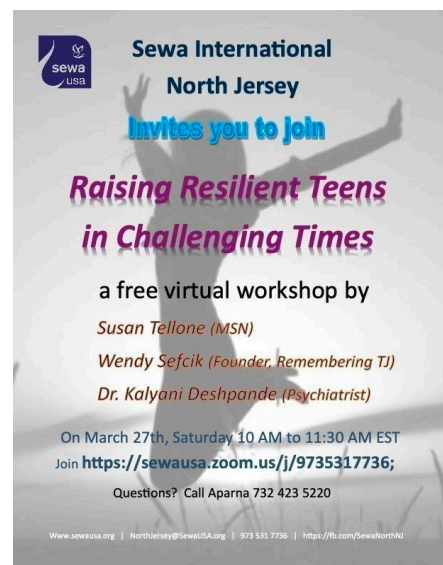
### Westchester: COVID-19 Angels Initiative

The Westchester chapter partnered with the city of White Plains to assist in the implementation of the COVID-19 Angels project. This project aims to assist White Plains seniors with booking an appointment to receive the COVID-19 vaccine. Sewa trained 60 volunteers, and currently seven teams are working to help seniors book their vaccine appointments. In just the first week, Sewa’s volunteers assisted 180 seniors and successfully booked 64 appointments for seniors in need. Several notable community officials, including the White Plains city mayor, have commended Sewa on their efforts.



### North Jersey: Raising Resilient Teenagers in Challenging Times Workshop March 27, 2021

Sewa North Jersey hosted the “Raising Resilient Teenagers in Challenging Times Workshop” Zoom on March 27, 2021. The workshop was conducted by Susan Tellone (MSN), Dr. Kalyani Deshpande (Psychiatrist) and Wendy Sefcik (Founder, Remembering TJ). The workshop was about Teen Parenting and Mental Health, and was very well received by the North Jersey community.



## North Jersey: Winter Coat Donation March 20, 2021

During the month of March, 87 LEAD participants collected winter apparel such as coats, hats, gloves, etc. to donate to Vietnam war veterans.



## North Jersey: Food Pantry & Soup Kitchen Donation

The North Jersey Chapter collected 1,453 pounds of non-perishable food items throughout the month of March. The donations were dropped off at the Intervale Food Pantry in Morris Plains, the Montville Kiwanis Food Pantry, and the Parsippany Community Food Pantry.



## North Jersey: COVID-19 Vaccination Program

On March 10, 2021 Sewa North Jersey launched its COVID-19 Vaccination Program. The aim of this program is to aid members of the New Jersey community in registering to get a vaccine.

**COVID-19 VACCINATION PROGRAM**

Sewa International North Jersey is now here to assist you with COVID-19 vaccine registrations!

Scan the following QR code, fill out the form, & a volunteer will contact you soon!

CALL OUR HELPLINE FOR ASSISTANCE  
(302)-330-SE-WA(7392)

LET'S PROTECT OUR COMMUNITY FROM COVID-19

FOR MORE INFORMATION:  
FB.com/SewaNorthNJ @Sewanorthjersey  
sewausa.org/Chapter/NewJersey northjersey@sewausa.org

## North Jersey: Monthly Baithak

March 27, 2021

The North Jersey chapter held the March monthly baithak over zoom . The meeting was attended by 11 volunteers. Volunteers provided updates for each of track, and planned for upcoming events.

### Volunteer Spotlight: Mamata Ji Mulinti

Mamata Ji has been actively involved in the volunteer activities of Sewa's North Jersey chapter since 2017. She is very much inspired by the commitment of the Sewa volunteers and the mission and vision of SEWA. Mamata Ji is currently part of the Know our Donor (KOD) program and the media team. Her responsibilities are to connect with Sewa donors and update the Sewa website for the NJ chapter.

Mamata Ji also supports and volunteers at the events conducted by the North Jersey chapter such as Holi for Sewa, Sewa Milan, and the Annual Baithak. Mamata Ji with her husband Chandra Ji, son Aarav and daughter Anisha lives in Montville. She works as a Project Leader for UPS. Her favorite pastimes are spending time with family and reading books. She and her family are very proud of Sewa's commitment to serve society.



### Program Spotlight: Sponsor a Child

Sponsor A Child is a project of Sewa International that aims to empower the children of the invisible poor through education. Sponsor A Child provides educational access to children and equips them with opportunities to excel far beyond academics so that they can develop into well-rounded citizens.

For more information or to donate you can visit:

<https://sac.sewausa.org>,

email: [sac-support@sewausa.org](mailto:sac-support@sewausa.org),

or call: 302 659 7392.



## Upcoming Events:

### North Jersey:

1. Highway Rt. 46 Clean-Up (April 17, 2021)
2. Earth Day: Parsippany Park Clean-Up (April 24, 2021)
3. #KeepMyStreetClean Program Launch
4. North Jersey LEAD Participants have started homework help sessions, and will be conducting sessions daily to help K-7 students at 5:30pm for free. Join any day Monday-Thursday:  
<https://uso2web.zoom.us/j/84484983116?pwd=YVdITlJzcDlTNHBzdjBLaVV4Z2FYQT09>



Visit our Chapter Website, Facebook, and Instagram Pages:

<https://sewausa.org/Chapter/NewJersey>

<https://www.facebook.com/SEWANorthNJ>

<https://www.instagram.com/sewanorthjersey>

Join the North Jersey Volunteers WhatsApp Group:

<https://chat.whatsapp.com/oqAhEyU3v99DGfe51V9Pf>

*Sewa urges everyone to practice social distancing, follow CDC guidelines and remain safe.*

### Helpful Links:

<https://www.cdc.gov/> - Official site to get updates on COVID-19

<https://nj.gov/> - New Jersey State update on COVID-19

<https://www.ny.gov/> - New York State update on COVID-19

Quotation: "There is no higher religion than human service. To work for the common good is the greatest creed. "

- Woodrow Wilson

*Om Sarve Bhavantu Sukhinah*