



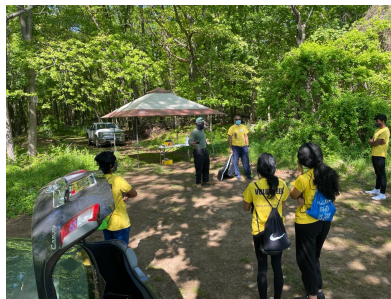
NEWSLETTER

Sewa International- New Jersey & New York

North Jersey: Troy Meadows Clean-Up

May 15, 2021

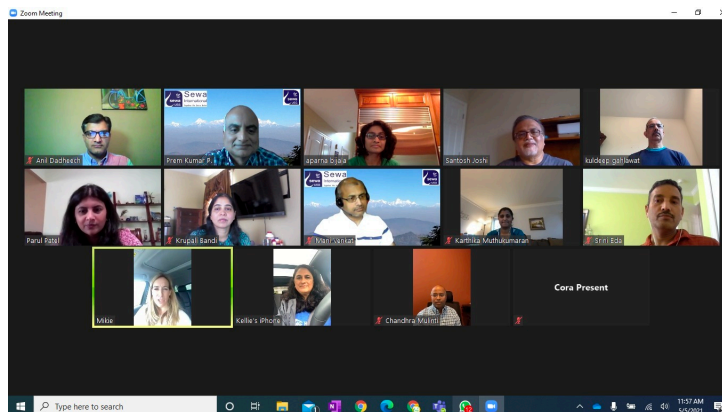
The Sewa North Jersey Lead Participants cleaned Troy Meadows, a 3,000 acre natural land preserved by the state of NJ, this past month. This is the first time Sewa North Jersey has partnered with the Wildlife Preserve Organization.



North Jersey: Meeting with Mikie Sherrill

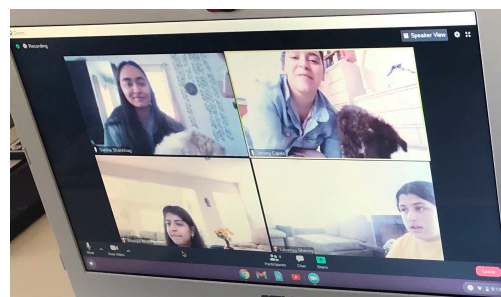
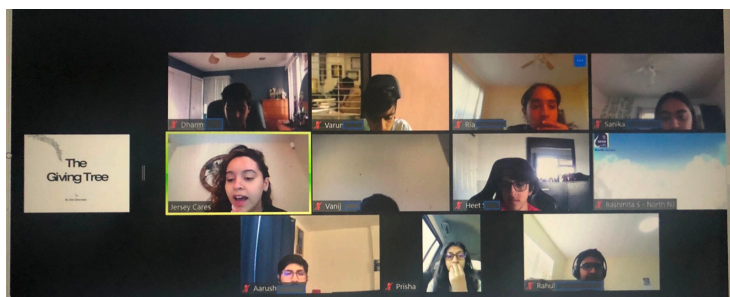
May 5, 2021

Congress Woman Mikie Sherrill invited Sewa North Jersey volunteers, to discuss and learn more about Sewa International's relief efforts in India, and what she can do to help. It was a pleasure to meet her, and motivating for many of the Sewa volunteers.



North Jersey: Jersey Cares

The North Jersey Chapter partnered with Jersey Cares, a non-profit organization focused on recruiting volunteers for specific programs, to help with a Senior Citizen program called *Pet Therapy and Book Buddies*. As a part of this program, Sewa's LEAD participants show their pets or read a short story on a virtual session which is streamed to the Senior Care Center in Wayne, NJ.



Westchester : Good Karma 5K

The Sewa Westchester Chapter, in partnership with Good Karma NY, is hosting a virtual 5K walk/run from June 12, 2021- June 20, 2021. All of the proceeds from this race will go to Sewa International's COVID-19 relief in India, and local charities.

For information on how to register and participate use this link: goodkarmany.org, or contact Sai Uppuluri P: 914-409-6276

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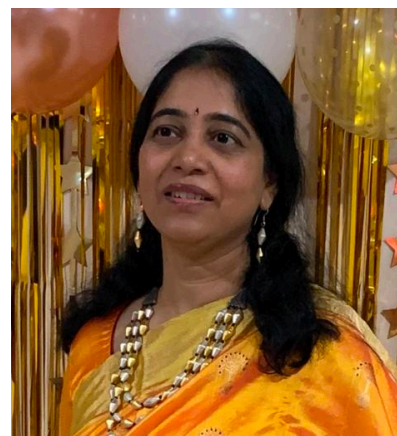
North Jersey: Monthly Food Drive

The North Jersey Chapter collected 100 pounds of non-perishable food items throughout the month of May. The donations were dropped off at the Parsippany Community Food Pantry.



Volunteer Spotlight: Krupali Ji Bandi

Krupali Ji has been living in Parsippany, NJ for 16+ years working for Bank of America and has been a part of Sewa since 2019 helping in the Soup Kitchen Team and the Lead Mask distribution Program. Krupali Ji was introduced to Sewa from Indian Fair events in which Sewa North Jersey would participate. Krupali Ji is inspired by various programs Sewa has started such as, Soup Kitchen Donations, Lead Program, SHE Program, Kutumbh Prabodan, Parsippany Green Initiatives, etc. She would like to continue to support Sewa and thank the organization for providing a wonderful platform to give back to the community. The culture of treating each other with respect and love is appreciated. Krupali Ji's twin children have been a part of the Lead Program for two years now, and are very happy for the volunteer opportunities that Sewa has offered them.



Program Spotlight: India COVID-19 Relief Initiatives

Sewa International has stepped up efforts immensely, gathering everything from required medical supplies to ground personnel, to aid India during this time of crisis. The many areas of Sewa's relief efforts include shipment of life-saving equipment, health and hygiene kits, essential kits, Covid-19 care centers, isolation centers, digital help-desk, emotional well-being, and awareness campaigns through its wide network of over 14,000 volunteers including partner organizations and over 386 help-desk volunteers.

Sewa International has partnered with well over 185 organizations including UPS, ITServe Alliance, Pragathi, AIM for SEVA, AAPI, Medshare, Evolve, Stratus, Klick, Carvana, Surya Carpets, among others.

As of May 27, 2021, Sewa has provided 9,605 concentrators, 45,500 Pulse oximeters, 250 ventilators, 12,000 accessories such as Humidifiers, and Nasal Cannulas, 1,170 BIPAP and CPAP machines, over 10,000 health and hygiene kits, and over 5,000 home isolation kits. Sewa has also set up 106 covid care centers, and 258 isolation centers.

Apart from India, Sewa has also extended aid to Nepal, sending 98 5L concentrators, 8 10L concentrators, 540 oximeters, and PPE.

Donate now at www.Sewausa.org/donate
or <https://www.facebook.com/donate/824331708497368/4197713733619810/>

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Sewa International, USA
P.O. Box 830881, Houston, TX 77283-0881, Tel: 281-938-3718
info@sewausa.org, 708 USA SEWA, www.sewausa.org

Join our mission to build 100 oxygen generation plants in India

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Upcoming Events:

North Jersey:

1. International Yoga Day (June 19, 2021 9:30 AM- 12:00 PM @ PAL Center)
2. BioBlitz (June 12, 2021 8:00 AM- 4:00 PM)
3. Thank you cards for Seniors (May 15-June 15, 2021)

Visit our Chapter Website, Facebook, and Instagram Pages:

<https://sewausea.org/Chapter/NewJersey>

<https://www.facebook.com/SEWANorthNJ>

<https://www.instagram.com/sewanorthjersey>

Join the North Jersey Volunteers WhatsApp Group:

<https://chat.whatsapp.com/oqAhEyU3v99DGfe51V9Pf>

Sewa urges everyone to practice social distancing, follow CDC guidelines and remain safe.

Helpful Links:

<https://www.cdc.gov/> - Official site to get updates on COVID-19

<https://nj.gov/> - New Jersey State update on COVID-19

<https://www.ny.gov/> - New York State update on COVID-19

Quotation: "Small acts, when multiplied by millions of people, can transform the world."

- Howard Zinn

Om Sarve Bhavantu Sukhinah