



NEWSLETTER

Sewa International - New Jersey & New York

North Jersey - Jagannath Dham Family Camp

Belfast, NY, August 3rd, 4th, 2019

The camp site Jagannath Dham is nestled in the beautiful finger lakes region of Upstate New York. It's around 5-6 hours drive from New Jersey based on where you live. Day 1 started with National President of Sewa International, Prof Sree Sreenath ji's presentation about Sewa's history, activities, mission and vision. Then, teams were formed to perform service tasks at Jagannath Dham, Govind Goshala, such as mulching trees, moving hay bales, weed removal, and cooking. The day concluded with socializing programs including campfire, fireworks and *manoranjan* (evening entertainment) program. Day 2 we concluded Jagannath Dham Sewa trip with breakfast, clean ups and socializing.





Sewa Summer Blood Drive Montville First Aid Squad, August 11, 2019

Sewa conducted the annual summer blood donation drive on August 11, 2019 from 8 am to 4:30 pm. the LEAD team helped with the outreach at various local markets and gas stations. The event was conducted at Montville First Aid Squad. We collected 25 units that day. A big Thank you to all volunteers who helped and donors for their valuable contribution who have helped save many lives.



On Janmashtami Sewa was @ Sanatan Mandir

Parsippany, August 24, 2019

Sewa North Jersey team members helped with parking arrangement covering an 8-hour period on the occasion of Janamashtami. The temple and devotees appreciated the '*nishkam sewa*' by young and young at heart volunteers.

Sewa Family Services Health Workshop

Parsippany PAL Center, August 25, 2019

Sewa North Jersey conducted a Health workshop on how to get good health for children and parents with Dr Prasad Garimella. Dr. Garimella has been a Pulmonary, Critical Care and Sleep Medicine physician in private practice for over 8 years. He has a special interest and is well recognized in the evaluation and management of Sleep Disorders and Lung Cancer Diagnosis and Treatment. He is an associate medical director of Gwinnett Sleep, sleep disorders center of Gwinnett Pulmonary Group. The workshop was attended by LEADs, parents and other guests.



Purple Paints Art Exhibit

Parsippany, August 13, 2019

One of our young dedicated Sewa volunteer Riya Dadheech daughter of Anil ji and Sushmita Ji Dadeech, who are a Sewa family held an art exhibit and auction in Parsippany and donated 100% of the proceeds to 'Girl Child Toilets and Hygiene Project'. So far, by selling her art she has donated over \$8,000 to the Sewa project. 13-year-old Riya completed 48 paintings over the summer break and sold 35 at the exhibition to serve for the cause.



Soup Kitchen Donation

Morristown, September 1, 2019

North Jersey Volunteers have collected Monthly donations and dropped off their collection at the adopted Soup Kitchen in Morristown.



Chesterfield Sewa Bench Restoration

Chesterfield, Edison, & Monroe NJ, August 29, 2019

115 Benches were stained over a period of 6 weeks by the Sewa volunteers. Each bench took an average of 6 hours of sanding, followed by two coats of stain. It took 650 hours to complete all the benches. Total 52 volunteers served on the project. The township invited all the Sewa volunteers to township meeting on Aug 29, 2019 to show their appreciation. Mayor and Police chief awarded the certificates personally to all the volunteers.

Report: <https://docs.google.com/document/d/1OoR-sG05taoFQT51sNu5N3UWYJfODHDqf95Mek3Z3hc/edit?usp=sharing>



Central Jersey - Jagannath Dham Family Camp

Belfast, NY, August 10, 2019 – August 11, 2019

The Chesterfield Sewa team served at Jagannath Dham in second week of August. They started the day 1 by splitting the group into 3 teams. One team worked on the picnic bench painting, other one on mulching & the third group of all LEADS worked on cementing Linda Ji's basement.



As part of our SEWA projects they completed

- Painting of 6 picnic benches
- Mulching of about 40 trees
- Cementing Linda Ji's basement



Kiddie Keep Well Summer Camp

June 26, 2019 – August 17, 2019

Kiddie Keep Well Summer camp is conducted by Middlesex county recreation council for underprivileged kids. The camp runs for 40 days. These are whole day camps with boarding included & run with the help of volunteers Our Sewa LEAD kids from all three locations Edison, Monroe & Chesterfield volunteered at the camp. About 25-30 LEAD volunteers worked for an avg 3 hours/day for 30 days. 4 - 5 kids from Chesterfield drove 80 miles daily to do the SEWA at KKWC for 30 days. Total volunteer hours at this project were about 1800 by about 60 LEAD volunteers.

Report:

https://docs.google.com/document/d/1peFn_tRHryjao9MlweiVEiLYQTKl86KSa0CmG0ymnkc/edit?usp=sharing



Rajani ji Menon Sewa Yatra



One of the Sewa Volunteers Rajni Menon from Westchester, NY chapter served at Amrithasakthi, a girls' only home currently supporting 12 girls in Kerala, India. She prepared lunch for the girls and the caretakers. She has described her experience spending time with the girls discussing the importance of emotional intelligence, confidence and talking about education in the report.

Report:

<https://drive.google.com/file/d/1CELrR09G4hD77jgxy8vG-RibECYIXUns/view?usp=sharing>

Upcoming Events:

- Cricket for Sewa - Sept 07, Sept 14, Sept 15, 2019
- Kutumba Prabodhan Workshop and LEAD Closing program - Sept 28, 2019 (1:30pm – 5:30pm PAL Center @ 33 Baldwin Rd, Parsippany, NJ)
- Abhyas Varg (Training Camp) Oct 2019 (date TBD)
- NJ Annual Sewa Milan Nov 2019 (date TBD)

Please add yourself to North Jersey Volunteers WhatsApp group at following link->

<https://chat.whatsapp.com/0qAhEyU3v99DGfe5lV9pPf>

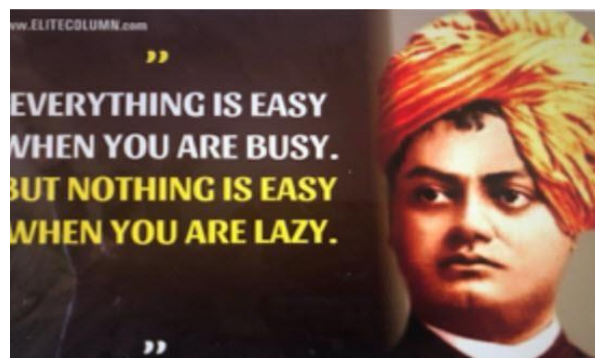
Please visit our chapter website, Facebook and Instagram pages:

<https://seausa.org/Chapter/NewJersey>

<https://www.facebook.com/SewaNorthNJ/>

<https://www.instagram.com/sewanorthjersey>

This month's quotation:



Om Sarve Bhavantu Sukhinah