



# NEWSLETTER

## Sewa International - New Jersey & New York



Sewa International NJ & NY wishes all its readers a **Happy Diwali**.  
May Light Abound and Darkness Depart; wishing you a joyous season.

### Sewa Diwali Food Drive

**October – November 2019**

Sewa Diwali is an initiative by 50 + organizations to donate food to the local poor and homeless with the spirit of Diwali. All chapters of Sewa International NJ & NY joined the drive and collected donations.

The objective of this initiative is to connect the communities to their local food pantries & re-assure our commitment towards fulfilling local food needs. After Diwali all the items collected are donated to the local food bank.

**Sewa Chesterfield**



**Sewa Central Jersey**



Sewa North Jersey



Sewa Westchester NY



## North Jersey – Introducing Robotics in Tunja, Columbia Tunja Columbia, October, 2019

Sewa North Jersey has introduced Robotics to one of our Learning Centers, Tunja in Colombia. Instructions are happening via video conferencing from US. Middle and high school kids at Tunja are enrolled in the program.

**INSCRIPCIONES ABIERTAS**  
SE REALIZAN LOS DIAS SABADOS  
CUPOS LIMITADOS

**ROBÓTICA**  
PARA  
**NIÑOS**  
**NIÑAS**  
10 A 13 AÑOS

PROGRAMA GRATUITO

Casa Comunal Barrio Hunza  
Carrera 6 13 - 22  
311 462 06 - 80 Sábados de 9am a 11am



## Westchester NY – Service at Greenburg Nature Center

**Westchester NY – October 12, 2019**

Sewa volunteers assisted Greenburg Nature Center with their Halloween fest. GNC is the largest green space with exhibits and activities in Southern Westchester. Sewa had volunteered in the past for fall cleanups etc. And actually received coverage in our local paper - Lohud. The current activity serves to reintroduce Sewa to GNC. They now will invite us to multiple volunteering activities.

Our volunteers ran the game stations and photography sections. Our game professionals were Garv Agarwal and Neel Raut. Out Photography experts were Natasha Gavara and Riddhi Goenka.



## Chesterfield – Heritage Plein Air -6th Annual Art Sale and Fundraiser

**Chesterfield– October 12, 2019**

Chesterfield Heritage Plein Air Annual fundraiser is organized by the Chesterfield Township Historical Society. About 25 artists participated & displayed their astonishing paintings. Sewa volunteers helped in setting up the exhibition, art sale, managing the food tables & cleanup. Chesterfield Township Historical Society has applauded Sewa volunteer's help in making the exhibition a grand success.



# Chesterfield – Community Cleanup

**Chesterfield – October 19, 2019**

As part of Chesterfield Community Fall Cleanup, about **38 SEWA/HSS** volunteers cleaned up **2.3 mile** stretch on White Pine Road. On the way, kids got the chance to pet & feed Lama's & horses at nearby farms.



# Central Jersey – Edison Tower Cleanup

**Edison NJ, October 6, 2019**

Sewa volunteers cleaned-up the trail they had built during summer for the upcoming Halloween program at the Edison Tower. A total of 10 LEADS worked for about 4 hours.



## Central Jersey – Sewa Family Services, Acupressure workshop

**Edison, Monroe, October 17-20 2019**

As part of family services, Sewa International, USA, arranged a 4 Acupressure workshops by Shri. Shrikanth Modi, who has conducted several such workshops in India and USA over the years. This workshop provided opportunity to cure ailments/diseases and provide training in this therapy. Workshop included, 1. Presentation on Anatomy of the body, 2. Acupressure therapy 3. Actual therapy for ailment.

53 families (89 participants) benefitted by his training and treatment using Acupressure and Yoga technics for various diseases.



## Central Jersey -Open House for Leads 2020

**Edison, NJ October 28, 2019**

An open house was scheduled to raise awareness for the Lead program and highlight 2019 projects. Leads ran the entire program. Pari and Aditi did great presentation of 2019 activities, Sruti and Navya did excellent recital of Mansa Sattam, Minjal, Veena , Prabhat, Shruti did all the prep work, setup and helped serve snacks.

Kiddie Keep Well Camps director Sarah Cruz, Edison Towers director Kathleen Carlucci, Rising Future director Mr Brinder Singh and Prabhu Sarvalakshanji of Sri Radha Gopinath Temple addressed the LEADS and thanked Sewa International for the community services.

Mr. Singh also gave SAT discount award nominations to 3 LEADS for highest community service hours and individual fund raising for Sponsor-A-Child Award. Mr. Singh has been providing space in his center to conduct meeting and run boot camps to raise fund for Sponsor-A-Child program.



## Upcoming Events:

- Sewa Diwali concluding ceremony . Nov2, 2019
- Hands of Hope . Nov2, 2019 . Winter clothes drive
- Certified CPR Training Nov16, 2019
- Adopt a Highway . Nov 16, 2019
- Rt 46 Cleanup . Nov 16, 2019
- Gandhi Mandir, Wayne Cleanup . Nov 17, 2019
- Sewa Milan . Dec 8, 2019

Please add yourself to North Jersey Volunteers WhatsApp group at following link->  
<https://chat.whatsapp.com/0qAhEyU3v99DGfe5IV9pPf>

Please visit our chapter website, Facebook and Instagram pages:

<https://seausa.org/Chapter/NewJersey>

<https://www.facebook.com/SewaNorthNJ/>

<https://www.instagram.com/sewanorthjersey>

<https://www.instagram.com/centraljerseysewa>

<https://www.facebook.com/centraljersey.sewa>

## This month's quotation:

“ ALL THE  
POWERS  
IN THE  
UNIVERSE  
ARE ALREADY  
OURS. IT IS  
WE WHO  
HAVE PUT OUR  
HANDS BEFORE  
OUR EYES  
AND CRY THAT  
IT IS DARK. ”

SHRI YOGESHWARJI



*Om Sarve Bhavantu Sukhinah*